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1、 Hotline 090-9629-4847

Wednesdays (excluding national holidays) 12:00 – 17:00

Please call the hotline about domestic violence and abuse (from an opposite or same sex partner, parent, child, sibling, relative, friend, etc.), how to get away from violence, and how to survive after getting away (building a new life, accessing support systems, surviving the effects of trauma, etc.). You don't have to figure it all out on your own.

We're waiting for your call.

2、 Legal Support

Consultation with a lawyer

By appointment, for a fee, twice a month

The lawyers are all women with experience in domestic violence issues.

Consultation with a debt specialist (shiho shoshi)

By appointment, for a fee, once a month

The specialists are understanding about domestic violence issues.

For more information or to make an appointment, please call the **Hotline**

### 3、 Counselling

By appointment, for a fee

- I got away from the abuser but still feel a dark cloud in my heart
- I feel worried that I made a wrong decision
- Relationships aren't going so well...children, parents, friends

Leaving an abuser can bring new problems and worries.

Having someone to talk to can help sort out feelings. All the counselors are women.

For more information or to make an appointment, please call the **Hotline**

### 4、 Shelter

You can stay in the shelter for around 2 months, for a fee.

It is a safe place for survivors to rest mind and body, and prepare to start a new life.

The rooms are fully furnished.

- ① By direct contract – please consult the hotline about whether the shelter is right for you. ¥1500/night children ¥500

(rooms are fully furnished but do not include food or daily living expenses)

※You cannot commute to work, school, or day care from the shelter.

- ② Sponsored by the government – we have contracts with local governments to provide shelter upon their request.

For more information or to consult with us, please call the **Hotline**

## 5、 Step House

You can stay in the step house (transition house) for up to 2 years, for a fee.

It is a safe place for survivors to rest mind and body, and prepare to start a new life.

The rooms are fully furnished.

By direct contract only – please consult the hotline about whether the step house is right for you, and about the length of stay. ¥1500/night

(rooms are fully furnished but do not include food or daily living expenses)

For more information or to consult with us, please call the **Hotline**